



Corrections Physical Abilities Test

The Jacksonville Sheriff's Office conducts a series of physical ability tests as part of the Correctional Officer application requirements. The test is a continuous course composed of certain events relative to the job of Corrections Officer. It encompasses a total of 100 yards and is set in an indoor setting (surface floor). The following is a description of the test:

Evolution 1

- The applicant will begin the test at the starting point (foot of staircase) where the test monitor will instruct the applicant to begin.
- The applicant will sprint 25 yards (around the outside of the rubber mat in the gym) to a point where a dragging dummy is laying on the ground.
- The applicant will drag the dummy (165 lbs.) for 15 yards and the sprint 15 yards to a staircase.
- The applicant will ascend 6 stairs to a platform and back down 6 stairs to the floor (each step must be stepped on and the handrails may be used).
- The applicant will then sprint 15 yards where they will handcuff a dummy.
- Finally, the applicant will sprint 30 yards and don a Scott Air Pack, which is mounted on the wall.
- Once the applicant dons the air pack, the test monitor will record the time and document it on the appropriate form.
- A score of 62.51 seconds or greater is a failing score

Evolution 2

- The applicant will be required to run 1 mile with a time of 12 minutes or less.